



SOLDIER'S HEART VETERAN RETURN RETREAT

www.soldiersheart.net

LED BY DR. EDWARD TICK & KATE DAHLSTEDT

August 25-29 2010

Shambhala Mountain Center

Red Feather Lakes Colorado

Provides veterans, family members, helping professionals and caring community members an opportunity to learn and practice ways of successful homecoming and healing from war. By replicating the Warrior's Journey Home, participants will gain a deep understanding of PTSD and experience of spiritual, holistic, community based, cross cultural healing from war as found in Dr. Tick's book

WAR AND THE SOUL

To donate so that a veteran may attend contact paula@soldiersheart.net

--EVENT DETAILS--

COST: \$960 includes tuition, room and board
to inquire about veteran scholarships-info@soldiersheart.net

DURATION: registration begins at 3 pm wed 8-25-2010 opening ceremony at 7pm program ends on Sunday after lunch

LOCATION: shambhala mountain center, red feather lakes, CO

DIRECTIONS: arriving by car- www.shambhalamountain.org
Arriving by plane: fly into Denver International Airport
to arrange airport to retreat transportation-

smcshuttle@shambhalamountain.org

TO REGISTER: request a registration form from-paula@soldiersheart.net

**Questions? Contact us at info@soldiersheart.net or call 518-274-0501
Capacity is limited to 30, we encourage you to register soon!**